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Email: [hra.approval@nhs.net](mailto:hra.approval@nhs.net)

06 January 2017

Dear Professor Pearce,

## Letter of HRA Approval

**Study title:** Optimisation of Peri-operative Cardiovascular Management to Improve Surgical Outcome II (OPTIMISE II) Trial: Open, multi-centre, randomised controlled trial of cardiac output-guided fluid therapy with low dose inotrope infusion compared to usual care in patients undergoing major elective gastrointestinal surgery.

**IRAS project ID:** 209688

**REC reference:** 16/LO/2067

**Sponsor:** Queen Mary University of London

I am pleased to confirm that **HRA Approval** has been given for the above referenced study, on the basis described in the application form, protocol, supporting documentation and any clarifications noted in this letter.

### Participation of NHS Organisations in England

The sponsor should now provide a copy of this letter to all participating NHS organisations in England.

*Appendix B* provides important information for sponsors and participating NHS organisations in England for arranging and confirming capacity and capability. **Please read *Appendix B* carefully**, in particular the following sections:

- *Participating NHS organisations in England* – this clarifies the types of participating organisations in the study and whether or not all organisations will be undertaking the same activities
- *Confirmation of capacity and capability* - this confirms whether or not each type of participating NHS organisation in England is expected to give formal confirmation of capacity and capability. Where formal confirmation is not expected, the section also provides details on the time limit given to participating organisations to opt out of the study, or request additional time, before their participation is assumed.

- *Allocation of responsibilities and rights are agreed and documented (4.1 of HRA assessment criteria)* - this provides detail on the form of agreement to be used in the study to confirm capacity and capability, where applicable.

Further information on funding, HR processes, and compliance with HRA criteria and standards is also provided.

It is critical that you involve both the research management function (e.g. R&D office) supporting each organisation and the local research team (where there is one) in setting up your study. Contact details and further information about working with the research management function for each organisation can be accessed from [www.hra.nhs.uk/hra-approval](http://www.hra.nhs.uk/hra-approval).

## Appendices

The HRA Approval letter contains the following appendices:

- A – List of documents reviewed during HRA assessment
- B – Summary of HRA assessment

## After HRA Approval

The document “*After Ethical Review – guidance for sponsors and investigators*”, issued with your REC favourable opinion, gives detailed guidance on reporting expectations for studies, including:

- Registration of research
- Notifying amendments
- Notifying the end of the study

The HRA website also provides guidance on these topics, and is updated in the light of changes in reporting expectations or procedures.

In addition to the guidance in the above, please note the following:

- HRA Approval applies for the duration of your REC favourable opinion, unless otherwise notified in writing by the HRA.
- Substantial amendments should be submitted directly to the Research Ethics Committee, as detailed in the *After Ethical Review* document. Non-substantial amendments should be submitted for review by the HRA using the form provided on the [HRA website](#), and emailed to [hra.amendments@nhs.net](mailto:hra.amendments@nhs.net).
- The HRA will categorise amendments (substantial and non-substantial) and issue confirmation of continued HRA Approval. Further details can be found on the [HRA website](#).

## Scope

HRA Approval provides an approval for research involving patients or staff in NHS organisations in England.

If your study involves NHS organisations in other countries in the UK, please contact the relevant national coordinating functions for support and advice. Further information can be found at <http://www.hra.nhs.uk/resources/applying-for-reviews/nhs-hsc-rd-review/>.

If there are participating non-NHS organisations, local agreement should be obtained in accordance with the procedures of the local participating non-NHS organisation.

### **User Feedback**

The Health Research Authority is continually striving to provide a high quality service to all applicants and sponsors. You are invited to give your view of the service you have received and the application procedure. If you wish to make your views known please email the HRA at [hra.approval@nhs.net](mailto:hra.approval@nhs.net). Additionally, one of our staff would be happy to call and discuss your experience of HRA Approval.

### **HRA Training**

We are pleased to welcome researchers and research management staff at our training days – see details at <http://www.hra.nhs.uk/hra-training/>

Your IRAS project ID is **209688**. Please quote this on all correspondence.

Yours sincerely,

Emma Stoica  
Senior Assessor

Email: [hra.approval@nhs.net](mailto:hra.approval@nhs.net)

*Copy to:*

*Dr Sally Burtles, sponsor and lead NHS R&D contact: [sponsorsrep@bartshealth.nhs.uk](mailto:sponsorsrep@bartshealth.nhs.uk)*

*NIHR CRN Portfolio Applications Team: [portfolio.applications@nihr.ac.uk](mailto:portfolio.applications@nihr.ac.uk)*

## Appendix A - List of Documents

The final document set assessed and approved by HRA Approval is listed below.

<i>Document</i>	<i>Version</i>	<i>Date</i>
Covering letter on headed paper [Cover letter]		07 November 2016
Evidence of Sponsor insurance or indemnity (non NHS Sponsors only) [Insurance]		04 November 2016
GP/consultant information sheets or letters [GP letter]	1.0	03 November 2016
IRAS Application Form [IRAS_Form_07112016]		07 November 2016
Letter from funder [Edwards Lifesciences funding]		09 November 2016
Letter from funder [interview outcome letter]		24 June 2014
Letter from sponsor [Letter from sponsor]		04 November 2016
Other [MHRA confirmation CTA not required]		18 July 2016
Other [list of participating sites at the time of HRA approval]		15 December 2016
Other [Statement of Activities]	2	13 December 2016
Other [Schedule of Events]	1	03 November 2016
Participant consent form	2	13 December 2016
Participant information sheet (PIS)	2	13 December 2016
Research protocol or project proposal [Study Protocol]	1.0	02 November 2016
Summary CV for Chief Investigator (CI) [Rupert Pearse CV]		10 January 2015

## Appendix B - Summary of HRA Assessment

This appendix provides assurance to you, the sponsor and the NHS in England that the study, as reviewed for HRA Approval, is compliant with relevant standards. It also provides information and clarification, where appropriate, to participating NHS organisations in England to assist in assessing and arranging capacity and capability.

**For information on how the sponsor should be working with participating NHS organisations in England, please refer to the, *participating NHS organisations, capacity and capability and Allocation of responsibilities and rights are agreed and documented (4.1 of HRA assessment criteria)* sections in this appendix.**

The following person is the sponsor contact for the purpose of addressing participating organisation questions relating to the study:

Miss Ann Thomson

E-mail [ann.thomson@qmul.ac.uk](mailto:ann.thomson@qmul.ac.uk)

Telephone 02078822556

### HRA assessment criteria

Section	HRA Assessment Criteria	Compliant with Standards	Comments
1.1	IRAS application completed correctly	Yes	The applicant provided confirmation from the MHRA that CTA is not required for this study.  A separate document listing all NHS organisations invited to participate has been provided and is made available to the R&D offices on the HRA Approval Portal. The NHS organisations in England listed in this document are covered under the HRA approval letter.
2.1	Participant information/consent documents and consent process	Yes	Minor revisions were made to the information sheet and consent form following REC review, in order to make them compliant with HRA standards.
3.1	Protocol assessment	Yes	No comments

Section	HRA Assessment Criteria	Compliant with Standards	Comments
4.1	Allocation of responsibilities and rights are agreed and documented	Yes	<p>A Statement of Activities will act as agreement of an NHS organisation to participate. The sponsor confirmed that no other agreement will be put in place with the NHS organisations in England.</p> <p>Cardiac output monitoring equipment will be provided by Edwards Lifesciences to all participating NHS sites. The sponsor expects that the host organisations shall maintain the Equipment in as good condition as existed at the commencement of this Agreement, reasonable wear and tear expected.</p>
4.2	Insurance/indemnity arrangements assessed	Yes	<p>The sponsor expects that the host organisations assume full liability for any Equipment that is missing, damaged, destroyed, or otherwise no longer in saleable condition resulting from any cause whatsoever, including but not limited to breakage, theft, damage by water, fire or other occurrences.</p> <p>Where applicable, independent contractors (e.g. General Practitioners) should ensure that the professional indemnity provided by their medical defence organisation covers the activities expected of them for this research study.</p>
4.3	Financial arrangements assessed	Yes	<p>The sponsor secured funding for the study.</p> <p>Details of funding provided by the sponsor to the NHS organisations in England are specified in the Statement of Activities. The participating NHS organisations will receive a payment of £100 per patient recruited.</p> <p>Edwards Lifesciences will provide each site with one cardiac monitor for the duration of the study. A representative</p>

Section	HRA Assessment Criteria	Compliant with Standards	Comments
			of Edwards Lifesciences will deliver the equipment to the site and set it up. At the end of the study the equipment will be retrieved.
5.1	Compliance with the Data Protection Act and data security issues assessed	Yes	In relation to answers to IRAS form questions A38 and A43 respectively, the applicant clarified that: <ul style="list-style-type: none"> <li>• Patient identifiable data will not be transferred to other countries.</li> <li>• Personal data will be stored or accessed for 6-12 months after the study has ended.</li> </ul>
5.2	CTIMPS – Arrangements for compliance with the Clinical Trials Regulations assessed	Not Applicable	No comments
5.3	Compliance with any applicable laws or regulations	Yes	No comments
6.1	NHS Research Ethics Committee favourable opinion received for applicable studies	Yes	No comments
6.2	CTIMPS – Clinical Trials Authorisation (CTA) letter received	Not Applicable	No comments
6.3	Devices – MHRA notice of no objection received	Not Applicable	No comments
6.4	Other regulatory approvals and authorisations received	Not Applicable	No comments

## Participating NHS Organisations in England

*This provides detail on the types of participating NHS organisations in the study and a statement as to whether the activities at all organisations are the same or different.*

There is one site-type in the study, carrying out all research activities, as described in the application, Statement of Activities and Schedule of Events.

The Chief Investigator or sponsor should share relevant study documents with participating NHS organisations in England in order to put arrangements in place to deliver the study. The documents should be sent to both the local study team, where applicable, and the office providing the research management function at the participating organisation. For NIHR CRN Portfolio studies, the Local LCRN contact should also be copied into this correspondence. For further guidance on working with participating NHS organisations please see the HRA website.

If chief investigators, sponsors or principal investigators are asked to complete site level forms for participating NHS organisations in England which are not provided in IRAS or on the HRA website, the chief investigator, sponsor or principal investigator should notify the HRA immediately at [hra.approval@nhs.net](mailto:hra.approval@nhs.net). The HRA will work with these organisations to achieve a consistent approach to information provision.

## Confirmation of Capacity and Capability

*This describes whether formal confirmation of capacity and capability is expected from participating NHS organisations in England.*

Participating NHS organisations in England **will be expected to formally confirm their capacity and capability to host this research.**

- Following issue of this letter, participating NHS organisations in England may now confirm to the sponsor their capacity and capability to host this research, when ready to do so. How capacity and capability will be confirmed is detailed in the *Allocation of responsibilities and rights are agreed and documented (4.1 of HRA assessment criteria)* section of this appendix.
- The [Assessing, Arranging, and Confirming](#) document on the HRA website provides further information for the sponsor and NHS organisations on assessing, arranging and confirming capacity and capability.

## Principal Investigator Suitability

*This confirms whether the sponsor position on whether a PI, LC or neither should be in place is correct for each type of participating NHS organisation in England and the minimum expectations for education, training and experience that PIs should meet (where applicable).*

Principal investigators will be required at each participating NHS organisations, and have been identified.

Study specific SOPs will be provided during the SIV. The sponsor expectation is that PIs and local research teams should all have up to date GCP training.

GCP training is not a generic training expectation, in line with the [HRA statement on training expectations](#).



## HR Good Practice Resource Pack Expectations

*This confirms the HR Good Practice Resource Pack expectations for the study and the pre-engagement checks that should and should not be undertaken*

The activities at the participating NHS organization will be undertaken by local staff who would have adequate contractual relationship with the host organizations, therefore no additional arrangements (honorary research contracts or letters of access) are expected for this study.

## Other Information to Aid Study Set-up

*This details any other information that may be helpful to sponsors and participating NHS organisations in England to aid study set-up.*

- The applicant has indicated that they intend to apply for inclusion on the NIHR CRN Portfolio.